



Coberley C of E Primary School, Cheltenham

Every Child, Every Chance, Every Day

RSHE POLICY (Relationship, Health and Sex Education)

Written by: Mr A Milner, 2017

Reviewed: Oct 2022

Next Review: Oct 2023

Scope

Our children learn about sex and relationships from the very youngest age, even if we don't talk with them. Some of the things they learn are incorrect, confusing and frightening. In a world where sex is used to sell things from food to fast cars, and celebrities' lives become everyone's business, we should talk to our children to help them make sense of it all.

Parents and carers are the key people for their child's learning about sex and relationships and schools should always work in partnership with home. Parents and carers need to know that the school's RSHE programme will complement their role and support them in the education of their child regarding sex and relationships. The school will ensure that parents' and carers' views are heard and that taught RSHE is culturally appropriate and inclusive of all of our children.

Context

As a Church of England school RSHE will be consistent with the school's Christian ethos and values:

- RSHE should emphasise respect, compassion, loving care and forgiveness.
- RSHE should be taught in the light of belief in the absolute worth of all people and the unconditional infinite love of God.
- RSHE should be sensitive to the circumstances of all children and be mindful of the variety of expression of family life in our culture.
- RSHE should be taught in the context of eliminating discrimination against any individual in our society, reflected in Valuing All God's Children

AIMS AND OBJECTIVES

There are three main elements to our RSHE programme:

Gaining knowledge and understanding.

Developing positive attitudes and values.

Extending personal and social skills.

At Coberley C of E Primary School, we have a commitment to ensure that our programme is relevant to all pupils and is taught in a way that is age and stage appropriate.

The objectives of RSHE Education are:

To enable our pupils to make responsible, informed and healthy decisions about their lives, both now and in the future.

To teach our pupils to respect themselves and others so they can move confidently from childhood through to adolescence and into adulthood.

To provide a supportive learning environment in which pupils can develop their feelings of self worth and confidence, especially in relationship to others.

Relationship, Health and Sex Education in the context of the National Curriculum:

Legal requirements: Coberley C of E Primary School has a statutory duty to teach the following as part of the National Curriculum Science Orders.

Key Stage 1

Notice that animals, including humans, have offspring which grow into adults.

Key Stage 2

Describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird

Describe the life process of reproduction in some plants and animals.

Describe the changes as humans develop to old age.

Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents.

Parents do not have the right to withdraw their child from these aspects of the Science curriculum.

RSHE Curriculum – Two-year cycle

The School uses the Gloucestershire RSE curriculum, published in 2017.

Class 1

- Responsibility
- Growing Up
- People who help us
- Keeping ourselves clean
- Changes and Life Cycles
- Changes– The Human Life Cycle
- Being Unique
- Personal Hygiene

Class 2

- Similarities and Differences – Body parts
- Where do babies come from?
- Changes– Physical
- Changes– Becoming Independent
- Similarities and Differences – Reproductive Organs
- Type of Love
- Personal Hygiene – Hand Washing
- Personal Hygiene – Infection

Class 3

- Changes – Life Cycle
- Changes – Responsibilities
- Personal Hygiene – Antibiotics
- Challenging Stereotypes
- Changes – Physical
- Changes - Emotional

- Personal Hygiene – Keeping Clean
- Generic Inheritance

Year 6 (one year cycle)

- Changes – Physical
- Changes – Emotional
- Life Cycle – Sexual Intercourse
- Relationships
- Births and a New Baby

This framework facilitates the use of an anonymous question box as a distancing technique.

The class teacher teaches RSHE: a range of teaching methods are used, which include use of video, discussion, fact sheets and books.

RSHE is usually delivered in mixed gender groups. However, there are occasions where single gender groups are more appropriate and relevant.

Consulting Parents

- Parents in school on request to Mr Milner can see materials, which will be used in the school's RSHE Programme.
- The school informs parents when aspects of the sex and relationship programme are taught and provides opportunities for parents to discuss the content of the lessons and to view the videos and resources being used.
- Parents have the right to withdraw their children from those aspects of RSE Education not included in the National Curriculum science curriculum.

Dealing with difficult questions

Ground rules are essential to provide an agreed structure to answering sensitive or difficult questions. Teachers will endeavour to answer questions as honestly as possible but questions they do not feel comfortable answering within the classroom or ones which are not age appropriate and beyond the Key Stage 2 objectives, will not be answered or explored.

Use of visitors

“Visitors should complement but never substitute or replace planned provision. It is the PSHE co-ordinator’s and teacher’s responsibility to plan the curriculum and lessons.” Sex and Relationship Guidance DfEE 0116/2000 P 29 6.11

When appropriate, visitors such as the school nurse may be involved in the delivery of Sex and Relationships Education, particularly in Key Stage 2.

Children with special needs

Teaching and resources will be differentiated as appropriate to address the needs of these children in order for them to have full access to the content of Relationships and Sex Education.

Child Protection / Confidentiality

Teachers need to be aware that effective RSHE Education, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a child protection issue.

The staff member will inform the Head Teacher /Designated Child Protection person in line with the LEA procedures for child protection. A member of staff cannot promise confidentiality if concerns exist.

Monitoring and Evaluation

Monitoring is the responsibility of the head teacher, named governor and teacher with responsibility for PSHE, who is Miss Booth.

The effectiveness of the RSHE programme will be evaluated by assessing children's learning and implementing change if required.

This policy document will be available to parents via our website or via requesting a paper copy from the school office.