



Coberley C of E Primary School

P.E. Rationale

Every Child, Every Chance, Every Day



Intent:

Why do we teach this? Why do we teach it in the way we do?

At Coberley, we aim to help every child learn the importance of a healthy lifestyle with a broad and varied PE curriculum that all children from EYFS to Year 6 enjoy and have an active part in creating which features both traditional and non-traditional sports.

We follow the national curriculum at Coberley which ensures all pupils: develop competence to excel in a broad range of physical activities, are physically active for sustained periods of time, engage in competitive sports and activities and lead healthy, active lives.

The curriculum provision allows pupils to experience a range of activities that help them to develop their health, fitness and physical and mental wellbeing. We intend to offer a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed our values such as fairness, respect and resilience. Further to our in school P.E. offer, as part of the active schools network, we give children many opportunities to compete and take part in events outside of school helping them to prepare for the bigger world.

Pupils at Coberley show **perseverance** in P.E. by not giving up, even if an activity is physically demanding or something that they haven't tried before, they also are able to accept that there are sometimes winners and losers in sport.

Pupils at Coberley experience **pride and happiness** in P.E. by experiencing success, physical well being and enjoyment.

Pupils at Coberley show **kindness** in P.E. by being supportive to their peers and always being encouraging.

Implementation:

What do we teach? What does this look like?

EYFS:

In accordance with the new Early Years Foundation Stage (2021) children are encouraged to develop their all round development through links to the strand 'Physical Development'

This strand is split into two sub-sections:

- Gross Motor Skills
- Fine Motor Skills

As Physical Development forms part of the 'Prime Areas' of learning, linked activities and provision are taught across a number of areas and not just in discrete 'P.E.' sessions.

Regular modifications and enhancements are made to provision to ensure children have the opportunities to improve their physical development as well as leading active and healthy lifestyles. Children also take part in regular letter and number formation activities to improve their fine motor skills.

Assessment is made through means of observations, photos and video evidence via an online system called Tapestry'. We also track attainment in P.E. using the whole school PE assessment APP, PE pal.

At Coberley, our planning, preparation and assessment is managed through our subscription to PE Pal, developed and created by our partner company Atlas Sports. PE Pal integrates all planning, inclusive of over 50 schemes of work, made up of six weeks of lesson content per scheme. Following a comprehensive long term plan written by Mr Flounders from Atlas Sports, each class will follow 12 topics per year, outlined on the long term plan.

Assessment takes place every lesson, recording progress against learning objectives called 'I Can statements' within PE Pal (see I Can library for curriculum links) Each lesson, children will be assessed by a traffic light system (red, amber, green and platinum) From these assessments, children have their own personal 'pupil dashboards' within the app, storing all assessments made as the year progresses. These pupil dashboards generate pupil reports and clearly outline how each child at Coberley is doing in PE in each of the 4 pillars of PE – technical, tactical, physical and personal and social.

PE Pal caters for an all inclusive approach, giving sections titled 'Excel' and 'Access' as differentiation for the gifted and talented children, as well as for those struggling to access the lesson content.

At any time during the year, class and pupil reports will be available for class teachers to read and review, as well as providing an up to date, accurate report of pupil progress across the PE curriculum.

In the academic year 2019/2020, between the months of September and February, Coberley recorded over 1,600 pieces of assessment data against the 'I Can' statements, averaging approximately 25 assessments per child at Coberley. This was over a 5 month period, meaning in the absence of Covid-19, we would project over 50 pieces of up to date pieces of assessment per child per academic year, giving us a true and accurate picture of each child when it comes to the performance of each child in physical education.

Activity levels, PE lesson time and opportunities

All children at Coberley school are given 2 hours per week in PE. Our curriculum is broad and varied, offering topics from both a traditional PE stance, as well as offering activities such as: orienteering, dodgeball, handball, ultimate Frisbee and lots more.

In addition children from Reception to Year 3 swim for half of the year in addition to children in Year 4,5 and 6 who have not passed the minimum requirements. We also build in opportunities for KS2 children to learn life saving and survival skills.

Sport and active lifestyles is not just about PE lessons. We have an active school with opportunities throughout break times to explore sport clubs and before school on Friday with the morning cross county run, open to all. We have also invested in Atlas to teach a health related fitness programme to ensure children have the knowledge to understand all the components of a full healthy and active lifestyle.

We also ensure that the children have opportunities to play competitive sport against other schools and we use Atlas' provision for a round robin of competitive matches with our Cluster schools.

Assessment

With PE assessment at Birdlip is at the forefront of informing both the progress of our children, as well as allowing us to ensure correct next steps are provided. With this said, we now assess each week, using PE Pal, to remove retrospective, termly assessments.

PE Pal allows our teachers to assess each child on the go during each and every lesson. Using the 'I Can' statements contained within each game on the PE Pal app, our staff use the 1-touch assessment process on PE Pal to make an up-to-date and informed assessment of each child in live time.

Once assessed, each 'I Can' builds a pupil dashboard for every child. Assessments are stored in chronological order in the pupil dashboard area on the app. This allows for staff and children to see evident progress over time, as well as demonstrating clear strengths and areas to improve every week.

For more detailed information and evidence on our assessment process, please see PE Pal.

Curriculum Leadership

- The P.E. curriculum leader is Adam Howard.
- We use Atlas Sports staff (Mr Flounders and Mr Thomas)
- There is a clear role in designing the curriculum, monitoring and improvement.
- There is an action plan in place
- There is provision to ensure the subject is suitably resourced through multiple equipment audits.
- Staff training and CPD is available and encouraged alongside lessons taught by Atlas staff.

Impact: : What will this look like? By the time children leave our school they will

At Coberley we ensure our P.E. curriculum is broad and varied allowing children to develop fundamental skills and apply them to variety of sports and activities. All children are given the **opportunity** to take part in sustained physical activity and to demonstrate improvement and **achieve** their personal best.

Pupils at Coberley are **physically active** and this has a **positive impact** on their learning in the classroom. Children understand how to lead a **healthy lifestyle** and understand the **importance of exercise**. All children understand the importance of sportsmanship and fair play.

By the end of Year 6 all children can swim 25m and have the skills to self-rescue. We provide a wide range of **extra-curricular** and **competitive sporting opportunities** which helps children to develop a love of sport, and physical activity, that they pursue outside of school and in future life outside of primary school. In this way we help them to **prepare for the next stage of their education**.